



# Carer's Clinic

Are you a carer in need of some advice and support?

Come along to our drop in carers clinic for advice, advocacy, befriending, signposting, peer to peer support, support with form filling and more.

Clinic Dates:

**Monday 6th February 10am-12pm @ Tophill Surgery**

**Thursday 16th February 1pm-3pm @ The Gatehouse Surgery**

**Monday 6th March 10am-12pm @ Tophill Surgery**

**Thursday 16th March 1pm-3pm @ The Gatehouse**

No need to book just drop in!

